

## KIDS MENU



82. Kebab Koubideh  
کباب کوپیده  
One skewer of minced baby lamb, with rice or fries.  
£9.99



83. Joojeh Kebab Fillet  
چوجه کباب بدون استخوان  
Small skewer of diced chicken fillet marinated in lemon juice served with rice or fries.  
£9.99

## DRINKS

Water ..... Small £2.49 . Large £3.49  
Doogh ..... Glass £2.99 . . Jug £5.99  
Chilled savoury yoghurt drink flavoured with mint  
Persian Tea ..... Glass £2.00 . . Pot £5.00  
Tea Pot ..... Pot £5.00  
Mint, cinnamon or cardamom  
Hot Water Drink ..... £1.99  
Saffron, cardamom, mint or rose  
Coffee ..... £2.50  
Soft Drink ..... £2.99  
Coke, Diet Coke, Coke Zero, Fanta or Sprite  
Appletiser ..... £2.99  
100% sparkling apple juice  
Fresh Fruit Juice . . . . Glass £2.99 . . Jug £6.50  
Carrot, orange, apple or mixed  
Behesht Mocktails ..... £4.99  
Virgin Mojito, Tropical Mojito, Virgin Colada, Strawberry Colada, Kiss on the Beach, Softcore, Orange Berry, Cosmotini, Peach Fizz, Pink Velvet, Mockstar or Berry Mule

### Allergies and Intolerances

Our food may contain the following allergens: cheese, walnuts, feta cheese, eggs, mayonnaise, sesame seeds, yoghurt, wheat and more. Please let us know if you have food allergies or special dietary requirements before placing your order.

A 10% service charge will be added to your order.

## EXTRAS

90. Single Skewer of Koobideh ..... £4.99  
Marinated baby lamb.  
91. Single Skewer of Barg ..... £12.00  
Tender baby lamb fillet.  
92. Single Skewer of Joojeh Barg ..... £9.99  
Tender baby chicken fillet.  
93. Single Skewer of Chenjeh ..... £12.00  
Diced tender baby lamb fillet.  
94. Single Skewer of Ghafghazi ..... £8.99  
Mixed tender baby lamb and diced chicken fillet.  
95. Single Skewer of Joojeh On The Bone ..... £9.99  
Grilled spring chicken.  
96. Single Skewer of Joojeh Boneless ..... £8.99  
Diced chicken fillet.  
97. Bakhtiari ..... £9.99  
Whole baby chicken marinated in lemon juice.

## RICE

100. Portion of Saffron Rice ..... £3.49  
101. Portion of Baghali Polo ..... £3.99  
Rice with broad beans.  
102. Portion of Zereesh Polo ..... £3.99  
Rice with barberries.  
103. One Skewer of Grilled Tomato ..... £1.99  
104. One Skewer of Grilled Onion ..... £1.99



Did you know Behesht can offer catering for events?

Please ask us for more information about what we can offer.

To order online or reserve a table visit [www.behesht.co.uk](http://www.behesht.co.uk)

Comment or complaint please contact the owner:

Phone: 07984170070

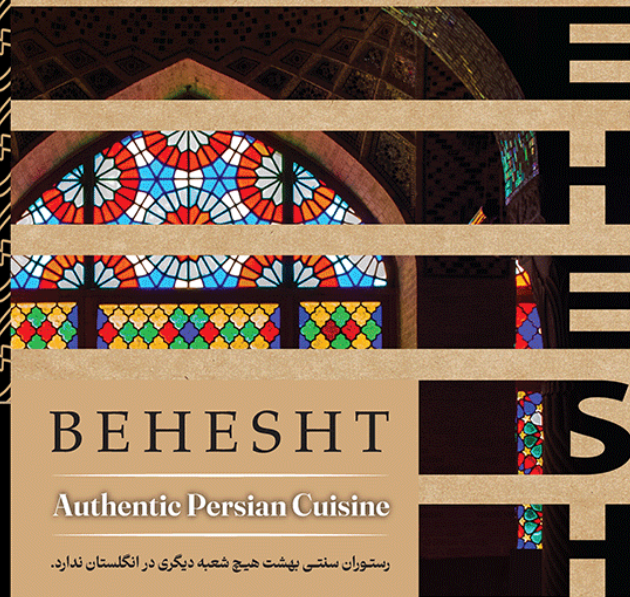
WhatsApp: 07984170070

Email: [omid@behesht.co.uk](mailto:omid@behesht.co.uk)

The one and only Behesht Restaurant, Established 2003

1082-1086 Harrow Road, London, NW10 5NL

## Restaurant Menu



# BEHESHT

## Authentic Persian Cuisine

رستوران سنتی بهشت هیچ شعبه دیگری در انگلستان ندارد.

Thank you for choosing to dine with Behesht Restaurant  
We can't wait to see you again soon!

Make sure you follow and tag us on  
Instagram & TikTok: @beheshtrestaurant

T&Cs apply. All items are subject to availability. We reserve the right alter prices, cancel items from the menu or withdraw offers any time without notice. Please inform us of any food allergies before ordering. Service charge 10%. No alcoholic beverages are served or to be consumed on this premises. No food or drink from outside to be consumed on this premises. No tap water served on this premises. At busy times, seating is limited to 2 hours. Minimum charge per head £14.99. See our website for further terms and conditions. We do not have any other branches.

Design & Print by ZPov

BH2544



## COLD STARTERS

1. Paneer Sabzi پنیر و سبزی  
Fresh green herbs and salad leaves with spring onion, radishes, salty cheese and walnuts. £5.99
2. Greek Salad سالاد یونانی  
Red onion, lettuce, cucumber, tomato, olives and feta cheese with pomegranate and olive oil dressing. £5.49
3. Salad Shirazi سالاد شیرازی  
Finely chopped onion, cucumber, tomato and herbs drizzled with lemon juice. £4.99
4. Salad Olivieh سالاد اولیه  
Potato, eggs, gherkins, sweet peas, carrot, lemon juice and mayonnaise with diced chicken breast. £4.99
5. Houmous هوموس  
Mashed chickpeas with garlic, sesame seed paste, olive oil and lemon juice. £4.49
6. Mast o Khair ماست و خیار  
Yoghurt with cucumber and herbs. £4.49
7. Mast o Mousseer ماست و موسیر  
Yoghurt with shallots and herbs. £4.49
8. Bourani بورانی اسفناج  
Yoghurt with spinach and herbs. £4.49
9. Cherkins خیارشور  
Cucumbers pickled in salty brine of water and vinegar. £3.49
10. Torshi ترشی  
Mixed pickled vegetables. £3.99
11. Baba Ghanoush بابا قاتوش  
Chargrilled aubergine with yoghurt and sesame seed paste (tahini). £4.49
12. Olives زیتون  
£3.49
13. Tabbouleh تبولة  
Couscous, tomatoes, cucumbers, parsley, mint and onion. £4.99
14. Zeytoon Parvardeh زیتون پورده  
Olives with garlic, walnuts, angelica seeds, pomegranate and mint. £4.99

## WARM STARTERS

20. Dolmeh دلمه  
Stuffed vine leaves with rice and spices. £4.49
21. Kashke Bademjan کشک بادمجان  
Fried aubergine and walnuts with fried onions, herbs and spices. £5.99
22. Mirza Ghasemi میرزا قاسمی  
Grilled aubergine, garlic, eggs and tomato. £5.99
23. Ashe Reshteh آش رشته  
Rich, thick Persian soup made with vegetables, beans, whey, lentils and noodles. £4.99
24. Tah Digh ته دیک  
Crispy crunchy rice. £4.49
25. Falafel فلافل  
£4.99
26. Sini Mazeه سینی مزه  
Selection of five starters. £19.99
27. Soup of the Day سوپ روز  
£4.49
28. French Fries سیب زمینی سرخ کرده  
£2.99
29. Fresh Naan نان تازه  
Oven-baked bread. £1.25
30. Koofteh Tabrizi کوفته تبریزی  
Persian stuffed meatball. £5.99
31. Kibbeh کبة  
Spiced ground meat mixed with bulgur wheat. £5.99

## MAIN COURSES

All kebabs are served as standard with saffron rice, you can change this to chips, naan or salad.

50. Kebab Koubideh کباب کوبیده  
Two skewers of minced baby lamb, with a grilled tomato. £11.99
52. Joojeh Bargh کباب برگ  
One skewer of tender baby chicken fillet, served with a grilled tomato. £12.99
54. Kebab Makhsoos مخصوص  
One skewer of tender baby lamb fillet and one skewer of minced baby lamb, served with a grilled tomato. £17.99
56. Kebab Bakhtiari بختیاری کباب  
Whole baby chicken marinated in lemon juice and saffron, with a grilled tomato. £12.99
58. Joojeh Kebab جوجه کباب بدون استخوان  
One skewer of diced chicken fillet marinated in lemon juice and saffron, with a grilled tomato. £12.99
60. Special Chicken and Koubideh کوبیده و جوجه بی استخوان  
One skewer of minced baby lamb and one skewer of diced chicken fillet, with a grilled tomato. £15.99
62. Special Mixed Kebab for Four سینی کباب، جوجه، کوبیده بی استخوان و کوبیده  
One skewer of each baby lamb fillet, chicken fillet and chicken on the bone, two skewers of minced baby lamb, served with grilled tomatoes and rice. £45.00
64. Shishlik شیشلیک  
Succulent lamb chops marinated in a blend of herbs. £19.99
51. Kebab Bargh کباب برگ  
One skewer of baby lamb fillet, with a grilled tomato. £15.99
53. Kebab Chenjeh کباب چنجه  
One skewer of diced tender baby lamb fillet, served with a grilled tomato. £14.99
55. Kebab Montaz ممتاز  
One skewer of diced baby lamb fillet and one skewer of minced baby lamb, served with a grilled tomato. £17.99
57. Kebab Ghafghazi قفقازی  
One skewer of mixed tender baby lamb fillet and diced chicken fillet, with a grilled tomato. £13.99
59. Joojeh Kebab جوجه کباب با استخوان  
Grilled spring chicken, marinated in garlic, lemon juice, mustard and saffron, served with a grilled tomato. £13.99
61. Special Chicken and Koubideh کوبیده و جوجه با استخوان  
One skewer of minced baby lamb and one skewer of chicken on the bone, served with a grilled tomato. £16.99
63. Special Mixed Kebab for Two سینی کباب، جوجه با استخوان و کوبیده و قفقازی  
One skewer of each chicken on the bone, minced baby lamb and ghafghazi, served with grilled tomatoes and rice. £32.00
65. Chicken Wings بال مرغ  
An authentic Persian marinade made of garlic, ginger, yoghurt, paprika and specially mixed herbs. £9.99

## TRADITIONAL STEWS

All of our stews can be made **vegetarian** for no extra charge! Order your choice of stew with or without rice.

40. Ghormeh Sabzi خورشت اورمه سبزی  
Stew Only (No Rice) £11.99 £8.99
  42. Khorshst Fesenjan خورشست فسنجان  
Stew Only (No Rice) £12.99 £9.99
  44. Khorshst Baamieh خورشست بامیه  
Stew Only (No Rice) £11.99 £8.99
  41. Khorshst Bademjan خورشست بادمجان  
Stew Only (No Rice) £11.99 £8.99
  43. Khorshst Ghaimeh خورشست قیمة  
Stew Only (No Rice) £11.99 £8.99
  45. Abghoosht آبگوشت  
Special Iranian stew. £11.99
- An amazing diced lamb stew, cooked in a parsley, coriander and fenugreek sauce with red kidney beans and whole dried limes, served with rice.
- Diced chicken cooked in an ancient sauce of thick walnut and pomegranate, served with rice.
- Okra cooked in a special tomato sauce with diced lamb and green peppers, served with rice.
- Yellow split peas, diced lamb and whole dried lime cooked in a special tomato sauce, garnished with chips and served with rice.

## SPECIALS

71. Bahali Polo Ba Mahicheh باقالی پلو با ماهیچه  
Steam cooked rice mixed with broad beans and fresh herbs, served with lamb shank. £13.99
  73. Chello Gosht Gordan چلو گوشت گردن  
Steamed cooked rice served with lamb neck and salad. £13.99
  72. Zerehkh Polo Ba Morgh زرشک پلو با مرغ  
Marinated chicken leg with sour barberries, aromatic rice, pistachio, almonds and salad. £11.99
  74. Loobia Polo لوبیا پلو  
Mixed rice layered with green beans, spiced ground meat, tomatoes, herbs and infused with saffron served with mast o khair. £10.99
- Special dish only available on Fridays!
- Special dish only available on Thursdays!

## SEAFOOD

80. Grilled Sea Bass ماهی سی بن  
Grilled sea bass served with saffron steamed rice. £14.99
81. Grilled Salmon ماهی سالمون  
Grilled salmon served with saffron steamed rice. £14.99